



## Killaloe Sailing Club Return to Sailing

Expected dates:	From	Phase 1	Phase 2	Phase 3	Phase 4	Phase 5
		18/05/2020	08/06/2020	29/06/2020	20/07/2020	10/08/2020
	To	07/06/2020	28/06/2020	19/07/2020	09/08/2020	onwards

### Activity:

Limited -----> Almost normal

Travel distance allowed	5K	20K	20K	All Ireland	All Ireland
Social distancing (SD) required	Yes	Yes	Yes	Yes	TBC
Special social distancing arrangements at club	Yes	Yes	Yes	Yes	TBC
PPE use, hand sanitising & club equipment cleaning required by members	Yes	Yes	Yes	Yes	TBC
Safety boats	Helm/crew family unit	Helm/crew family unit	Helm/crew family unit	Normal rota <sup>2</sup>	Normal rota
Single handed sailing	Yes	Yes	Yes	Yes	Yes
	Must be able to self rescue				
Double handed sailing	Helm/crew family unit	Helm/crew family unit	Helm/crew family unit	Yes <sup>2</sup>	Yes
	Must be able to self rescue				
Club racing	No	Yes (Tues eve)	Yes (Tues eve) <sup>1</sup>	Yes (Tues eve)	Yes (Tues eve)
Members over 70 sailing at the club	Not advised	Members over 70 should make their own assessment of the risks to their health			Yes
Beginners allowed?	No	No	No	Yes <sup>2</sup>	Yes
Sailors must be able to self rescue?	Yes	Yes	Yes	Not necessarily <sup>2</sup>	Not necessarily

### Notes:

1. We may run an extra racing series on Sunday mornings in July (demand dependent)
2. There is some confusion around what will be possible in phase 4. On the one hand, SD is still in place but on the other, the Government guidelines say that competitive GAA & soccer matches can start (with a limitation on the number of spectators). If close contact sports like these are allowed, then double handed sailing and our other activities impacted by SD should be as well - we await clarification

### Other matters to note

We will advise in due course whether we are able to offer Junior & Adult coaching this year  
 Summer camps planned for August (and first 2 weekends in September) but subject to confirmation  
 Phase dates and the measures applicable to each phase are subject to change