



Spring Challenge Regatta

Killaloe Sailing Club

Saturday 24th & Sunday 25th May 2025

SAILING INSTRUCTIONS

1. Rules

- 1.1. The event will be governed by the 'rules' as defined in The Racing Rules of Sailing (RRS),
- 1.2. The prescriptions of Irish sailing.
- 1.3. The RRS changes will apply in full in the sailing instructions. The sailing instructions may also change other racing rules.
- 1.4. The notation '[DP]' in a Rule in the SI means that the penalty for a breach of that Rule may, at the discretion of the protest committee, be less than disqualification, and [NP] denotes a Rule that shall not be grounds for protests by a boat. This changes Rule 60.1(a).
- 1.5. RRS Appendix T will apply.
- 1.6. RRS 63.7 is changed so that in the event of a conflict between the notice of race and the sailing instruction, the sailing instruction shall prevail.

2. Eligibility

- 2.1. This event is open to all KSC club members, visitors, persons and sailing dinghy classes as defined in the Notice of Race (NoR).

3. Changes to the Sailing Instructions

- 3.1. Changes in sailing instructions will be posted in the WhatsApp group and on the official notice board within half an hour of the first race on the day they take effect.

4. Communications with competitors

- 4.1. The official notices will be posted in the "KSC Open Regatta Notificationst" WhatsApp group.
- 4.2. Notices to competitors during the events will also be posted on the official notice board located under cover on the side of the main building facing the changing building.

5. Code of conduct

- 5.1. [DP] Competitors and support persons shall comply with reasonable requests from race officials.

6. Signals made ashore

- 6.1. Signals made ashore will be displayed by the Race Office (RO) on the day of racing. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the RRS 'race signal AP'. (See Appendix B for flags.)

7. Schedule of races

- 7.1. As defined by the NoR, a competitor briefing will be given at Killaloe SC.
7.2. All boats will start as one fleet.
7.3. 6 races are scheduled, with 2 completed races constituting a series.
7.4. The Warning Signal for the First Race will be as defined on the NoR.
7.5. The Warning Signal for each subsequent race each day will be made as soon as possible after the last boat has finished the previous race.

8. Courses

- 8.1. The RO will indicate the course to be sailed at the briefing. The course type used may vary at the race officer's discretion, but based on Appendix B.
8.2. All sailors **"must"** sail through the start line on the windward legs, under P flag.

9. Marks

- 9.1. Unless otherwise indicated on the race notice board, the marks are normally orange buoys or orange permanent tubular marks, as described at briefing.

10. The Start

- 10.1. Races will be started under rule 26 with the following change:
10.1.1. The Class Flag for a single fleet start or for Fleet 1 will be flag Q (refer to Appendix A)
10.2. The start sequence will follow.

Signal	Flag & Sound	Action	Minutes before the Start
Warning Signal	Flag Q + 1 sound	Displayed	5
Preparatory Signal	Flag P, + 1 sound	Displayed	4
One Minute	Flag P, + 1 sound	Removed	1
Starting Signal	Flag Q + 1 sound	Removed	0

- 10.3. The starting line will be between a fixed point on the committee boat and an outer distance mark; it will be described at the briefing.
10.4. A boat that does not start within 5 minutes after her starting signal will be scored DNS without a hearing. This changes RRS A4 and A5

- 10.5. On Course Side (OCS) after 'One Minute' requires boats to retreat to the course side (behind the start line) without impeding other boats prior to starting.
- 10.6. OCS prior to 'Start Signal' requires individual recall (refer to Appendix A)
- 10.7. RO discretion may call a General Recall (refer to Appendix A)

11. Shortening the course after the start

- 11.1. The course may be shortened at the discretion of the RO. The Code Flag 'S' shall be flown, and two sound signals will be used to indicate a shortened course under rule 32.2. (Flag 'S' refer to Appendix A)

12. Abandonment

- 12.1. Code Flag 'N', when displayed with 3 sound signals, means 'The race is abandoned'. In the event of an abandonment being signalled, please follow the instructions of the race committee and safety personnel. (Flag 'N' refer to Appendix A)

13. The Finish

- 13.1. The finishing line will be between the flagpole on the committee boat and the outer distance mark; it will be described at the briefing.

14. Time Limit

- 14.1. The RO will endeavour to set courses where the first finisher will take approximately 35 minutes to complete the course. The time limit for the leading dinghy shall be 50 minutes to complete the course. The race will be abandoned if the lead dinghy takes longer than 50 minutes.
- 14.2. RRS 35 is changed as follows: "any dinghy that fails to finish within double the finishing time of the leading dinghy shall be deemed to have retired", and such boats shall be scored as DNF. This changes RSS 35, Appendix A5.

15. Protests and Request for Redress

- 15.1. Hearing request forms are available from the sailing office located in the corner of the main club common area.
- 15.2. A hearing request form must be returned completed to a member of the race committee no later than 45 minutes after the last boat finishes the last race of the day.
- 15.3. Notices will be posted (as per section 3.1) no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room at the common room inside the KSC Clubhouse.
- 15.4. Arbitration will be available according to RRS Appendix T.
- 15.5. Boats using replica equipment such as sails, spars, or other small equipment that does not materially change its function will not be subject to protest; this changes rule 60.1.

16. Scoring system

- 16.1. Portsmouth Yardstick (PY) Handicap System will apply. Each boat will be allocated its handicap multiplier number (PN) as per the current PY System on the first day of the series.

- 16.2. Schedule as per the NoR.
- 16.3. The Low Point Scoring System in RRS Appendix A will be modified so that each boat's series score will be the total of her race scores, with her worst score/s discarded.
 - 16.3.1. Up to 3 races: no discard
 - 16.3.2. 4 races sailed: 1 discard

17. Safety regulations

- 17.1. Personal buoyancy, a PFD, shall always be worn when afloat. Wetsuits and drysuits are not adequate for personal buoyancy. Failure to comply will result in disqualification. Killaloe Sailing Club safety rules apply when using club facilities and sailing areas. Rule 40 applies, except Code flag "Y" will not be displayed.
- 17.2. No sailing boats shall launch until the Safety Officer indicates to do so.
- 17.3. When flag "N" is displayed (refer to Appendix A) accompanied by ongoing sound signals from a Safety boat, racing is abandoned, and all boats must return to shore as quickly and safely as possible.

18. Equipment inspection

- 18.1. Each competitor is responsible for ensuring their boat complies with the class rules and regulations.
- 18.2. Boats may be inspected at any time.
- 18.3. Boats are permitted to use sails carrying a distinguishing number other than that under which the boat is registered (as required by RRS Appendix G).

19. Prizes

- 19.1. As per NoR

20. Risk

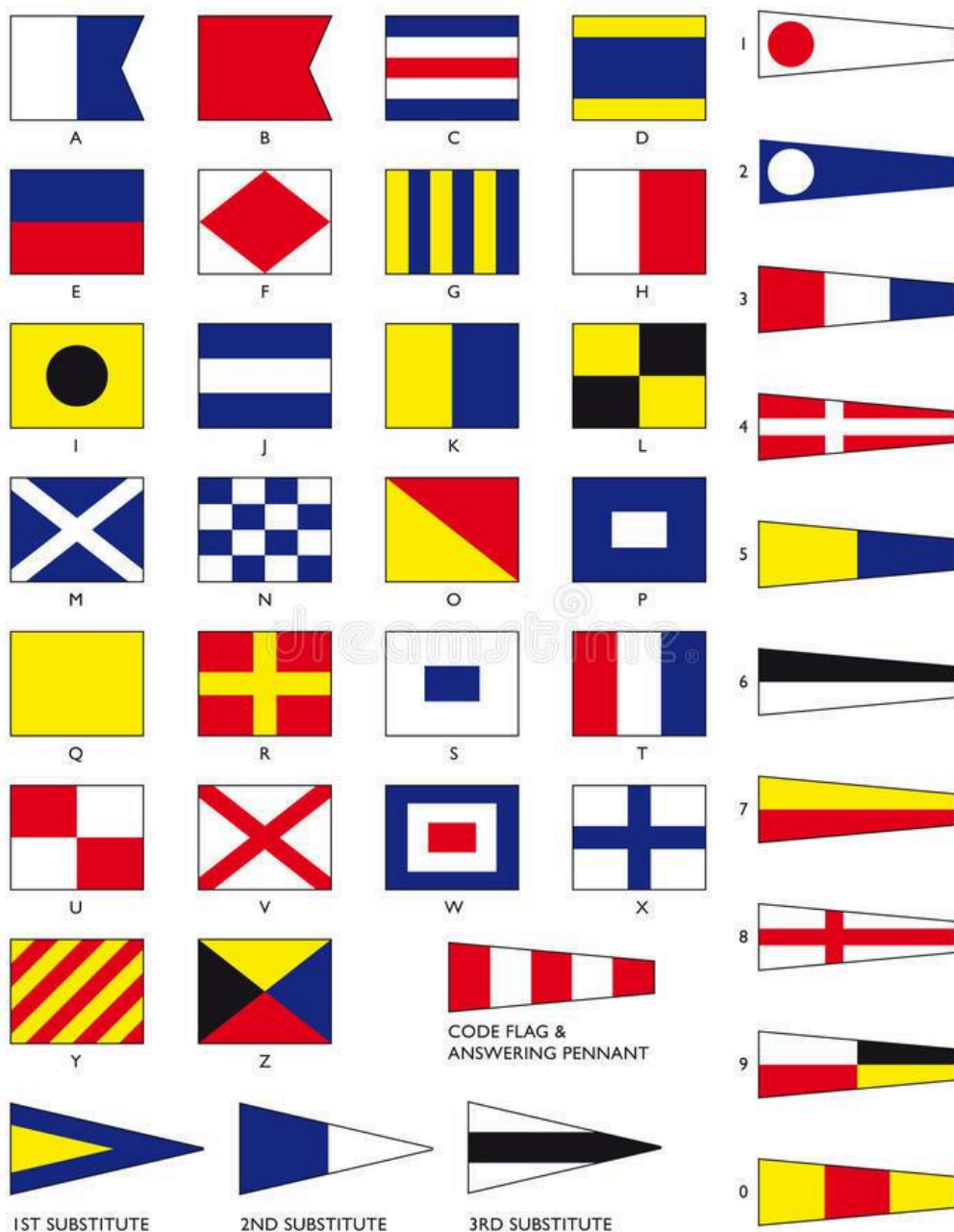
- 20.1. RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event, each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.
- 20.2. Killaloe Sailing Club and the race organisers shall not be responsible for any loss, damage, death or personal injury caused to the helm/crew or their equipment as a result of their taking part in the sailing races.
- 20.3. It shall be the sole responsibility of each Helm to assess the sailing conditions on the day, taking into account the weather conditions and all other factors, to decide whether or not to start or continue to race.

21. Insurance

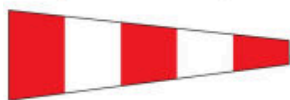
21.1. All private boats shall have third-party insurance cover of not less than €3,000,000 (or the equivalent thereof in any other convertible currency) for any incident.

APPENDIX A

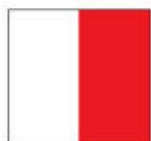
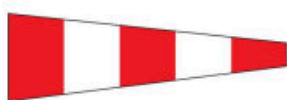
Relevant Flags and signalling procedures.



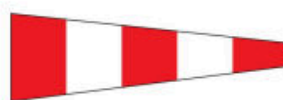
Postponement Signals



AP Races not started are *postponed*. The warning signal will be made 1 minute after removal unless at that time the race is *postponed* again or *abandoned*.



AP over H Races not started are *postponed*. Further signals ashore.



AP over A Races not started are *postponed*. No more racing today.

AP over a Numeral Pennant 1–9

Postponement of 1-9 hours from the scheduled starting time.



Pennant 1 ↑ • • • ↓ •



Pennant 2 ↑ • • • ↓ •



Pennant 3 ↑ • • • ↓ •



Pennant 4 ↑ • • • ↓ •



Pennant 5 ↑ • • • ↓ •



Pennant 6 ↑ • • • ↓ •



Pennant 7 ↑ • • • ↓ •



Pennant 8 ↑ • • • ↓ •



Pennant 9 ↑ • • • ↓ •

Abandonment Signals



N All races that have started are *abandoned*. Return to the starting area. The warning signal will be made 1 minute after removal unless at that time the race is *abandoned* again or *postponed*.

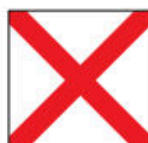


N over H
All races are *abandoned*. Further signals ashore.



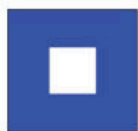
N over A All races are *abandoned*. No more racing today.

Safety



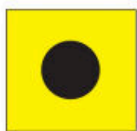
V Monitor communication channel for safety instructions (see rule 37).

Preparatory Signals



↑ • ↓ —

P Preparatory signal.



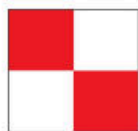
↑ • ↓ —

I Rule 30.1 is in effect.



↑ • ↓ —

Z Rule 30.2 is in effect.



↑ • ↓ —

U Rule 30.3 is in effect.



↑ • ↓ —

Black flag. Rule 30.4 is in effect.

Recall Signals



↑ •

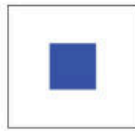
X Individual recall.



↑ • • ↓ •

First Substitute General recall. The warning signal will be made 1 minute after removal.

Shortened Course



↑ • •

S The course has been shortened. Rule 32.2 is in effect.

Changing the Next Leg



— — — —
C The position of the next *mark* has been changed:



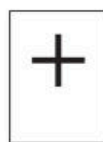
to starboard;



to port;



to decrease the length of the leg;



to increase the length of the leg.

Other Signals



↑ •

L Ashore: A notice to competitors has been posted. Afloat: Come within hail or follow this vessel.



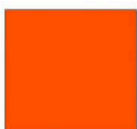
— — — —

M The object displaying this signal replaces a missing *mark*.



↑ •

Y Wear a personal flotation device (see rule 40).



(no sound)

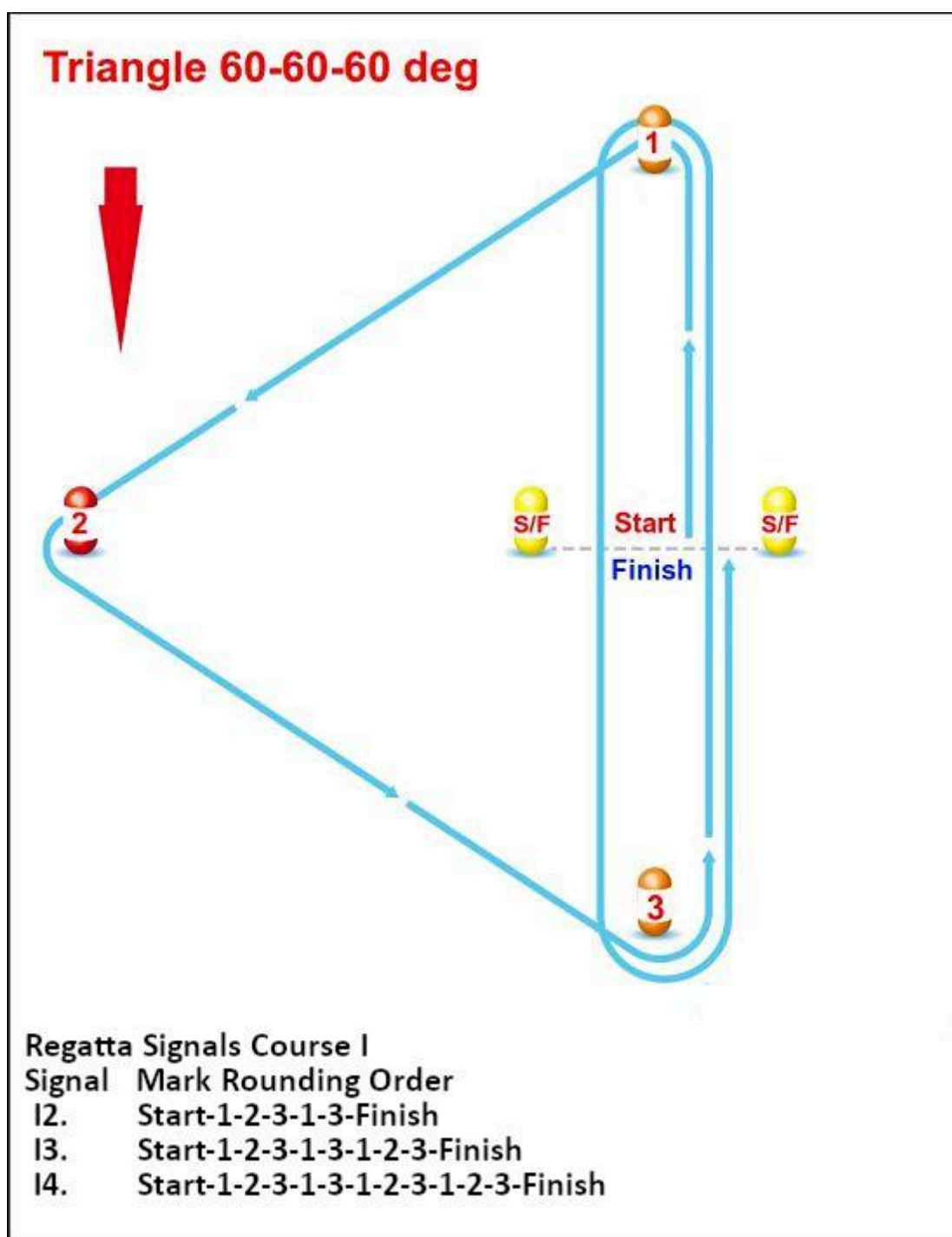
Orange flag. The staff displaying this flag is one end of the starting line.



(no sound)

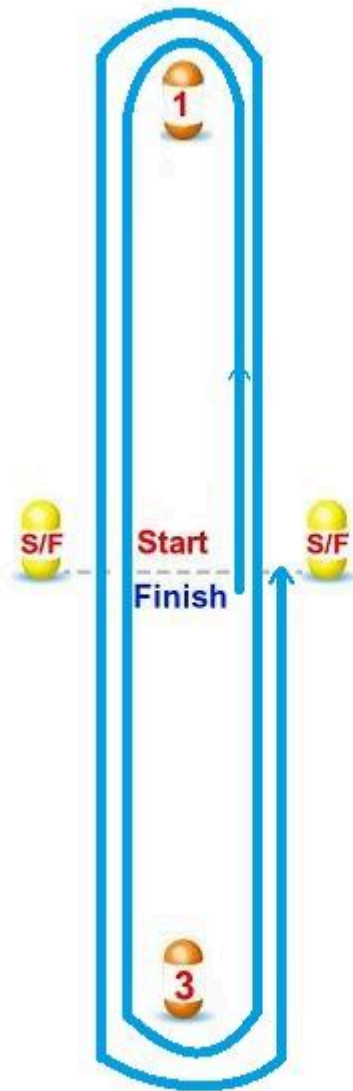
Blue flag. The staff displaying this flag is one end of the finishing line.

Appendix B



Regatta Signal Course I

Windward Leeward



Regatta Signals Course L

Signal Mark Rounding Order

L2. Start-1-3-1-3-Finish

L3. Start-1-3-1-3-1-3-Finish

L4. Start-1-3-1-3-1-3-1-3-FinishWL

Regatta Signal Course L